



# Presentation to RNLI



JAMIE SHIELDS receives on behalf of the RNLI Helensburgh Station a cheque for £400 from Sheena MacGregor in memory of her late husband Alastair.

Also in the picture are members of the Dumbarton

Club and the Jordanhill Club of which he was at one time a member.

Alastair MacGregor died suddenly on Thursday, December 16, 2004. Alastair, as well as being an active member of Dumbarton Sub

Aqua Club, was also a club instructor with many years of experience teaching trainees in all aspects of scuba diving.

Alastair had accumulated a lot of diving equipment over the years, which was used in the training of others. Following his death, his wife Sheena, donated all his equipment to the Dumbarton Sub Aqua Club so that it could be used not only for training club members, but also some of it could be sold to both realise much needed funds for the club, and for the local RNLI.

Following much work in order to comply with Sheena's wishes, the sum of £400 has been raised, which has now been donated to the RNLI by Mrs MacGregor in memory of her late husband Alastair.

*David Sinclair*

## Congratulations ...

■ Glasgow South SAC would like to congratulate Lee Simpson on successfully completing his Sports Diver qualifications. We would also like to congratulate Alex Macdonald on completing his 100th dive. Well done to you both from all at Glasgow South

■ Congratulations to the following members of Pentland Branch: Sutherland McIver, John Parkes and Kim Orsel who have all recently qualified as Sport Divers. Well done to Philip Shaunessay of Ullapool Branch, and Claire Took and James O'Rourke from KelSAC who have also gained their Sport Diver qualification.

*Kev Watson, Assistant NDO*

■ Well done Cam Pancowie, Sally Alexander, Ricky Hughes and Andy Weir of Johnstone Branch on successfully completing your Sport Diver awards.

*Graeme Forsyth, National Coach*

■ Congratulations to Jonathan Bulman and Helen Pearson, of Solway Divers, on gaining their Master Diver Awards in May; regular training continues and by the end of the season more Sport Diver, Master Diver and Branch Instructor Awards will be achieved.

*Steve, Solway Divers*

■ Dumbarton SAC would like to congratulate Anne and Jim Quinn, Allan Methven and Billy Leyden on successfully completing their Sports Diver qualifications. We look forward to diving with you all regularly.

*David Sinclair, Secretary*

■ James Gallacher, of Eastwood branch, has just passed his Sport Diver award. Well done James. Wife Sharon is almost there too!

*Sandie Grey, Secretary, Eastwood*

■ Well done to Stuart Hawthorn and Neil Martin of Auchenharvie branch, who have both completed their Branch Instructor awards. Double congrats to Stuart who has also completed his RYA Level II Boat Handling.

*Colin Davidson,  
BDO Auchenharvie SAC*

■ Congratulations to Gordon Meek, Mhari Thomson and Yvonne Galligan on obtaining their Branch Instructor qualification.

■ Congratulations to Shaun Gardner, Jeff Byrne and Catherine Woodman on attaining their Sport Diver qualification. We look forward to many diving trips in the future with them.

*Carlisle Subaqua Club*

■ Congratulations to Greig McArthur on completing his Sport Diver qualification.

*Duncan Connell, BDO  
East Kilbride Pro Divers*

■ Congratulations to Ian Campbell who recently qualified as a sport diver from all at Pentland. Thanks to John Arrowsmith and Don Lees assistance.

*Hugh Fraser BDO*

■ After a busy end to the University semester, congratulations go to Rachael Semple, Scott Stewart and Laura Downie for completing their Sport Diver qualifications. Also to Charlie McGurk for both his Branch Instructor and Master Diver Award! Next stop First Class diver? Also congratulations and a warm welcome to proper diving for Linsey and Chrissi for their successful cross over from PADI to ScotSAC Sport Divers!

A belated congratulations to Euan and Sarah for achieving their Sport Diver awards and to Karyn Wilson and Edouard Horlin for completing their Master Diver awards. Phew.

Finally as outgoing BDO I would like to thank all the instructors and coaches who have helped Stirling University over the years especially Dot, Andy Murray and Ken and Norman for their time. I wish Sam Cook, Euan and the rest of the Uni committee the best of luck, safe diving to you all - regards,

*Graham Samson (Former BDO!)*

# SSAC Proposed Change To Company Status

ALL SCOTSAC members should now have received the latest information on the proposed transition of the Scottish Sub-Aqua Club to a company limited by guarantee. Transition to a Company Limited by Guarantee forms an important stage in the Club's development.

An open forum consultation meeting will take place at Room A3, Cottrell Building, Stirling University at 1.00pm on Saturday, August 19, 2006. This meeting is designed to allow members to discuss the documents and put questions to our legal advisor. This is also the opportunity for the members to make any changes to the M&A's and Bye-laws, and to gain an understanding of what incorporation means. It should also save a lot of time when it comes to voting at an Extraordinary General Meeting (EGM).

The following timetable outlines the key stages. Exact dates will be released as soon as the General Committee receive them;

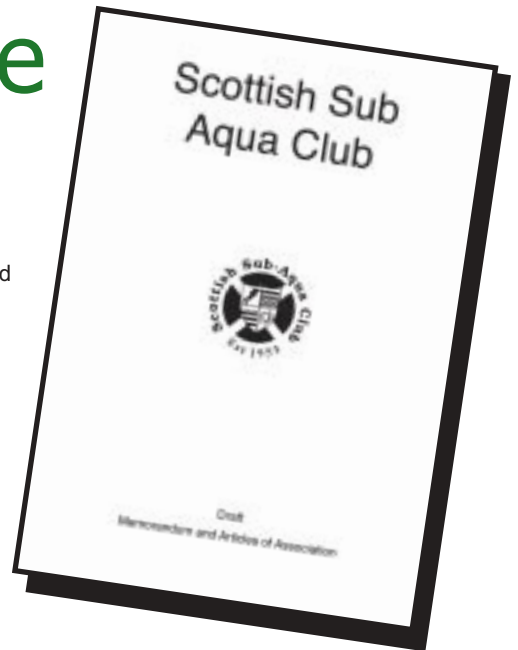
**Mid July 2006** - all members will

have received the draft paperwork related to the formation of SSAC Ltd. This will include the Memorandum and Articles of Association (M&As) and the Byelaws. These documents set the framework for the organisation and are based on company law and the current SSAC Constitution.

**Saturday, August 19** - an open forum consultation meeting will take place to allow members the chance to discuss any aspects of incorporation and speak directly with our legal advisor. The outputs from the forum will be reviewed and where necessary changes will be made to the M&As or Byelaws.

**Mid October** - the revised M&As and Byelaws will be issued along with notification of an EGM.

**November 2006** - an EGM will take



place to allow members to vote on the proposed change.

If successful, the new organisation will be formed on **1st January 2007**.

Members unable to attend the forum on 19th August will have other opportunities to comment and input.

**General Committee, July 2006**

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## Branch Instructor Course

### Dates

Saturday, September 2, 2006  
Napier University, Edinburgh

Saturday, September 20, 2006  
Aberdeen

Sunday, December 3, 2006  
Dumfries

Saturday, January 27, 2007  
ScotSAC HQ

The course cost is £35. All members must hold the required pre-requisites shown below prior to securing their place on this one-day course.

### Pre-requisites

- Hold current membership of the Scottish Sub-Aqua Club.
- Have been a ScotSAC Sports Diver for at least eighteen months
- Hold current medical certificate.
- Be aged 18 or over (unless recommended by RC).
- Have at least 75 correctly logged dives.

- Have completed the Master Diver 'dive leader' endorsement.
- Have attended the Master Diver lectures on Safety and Emergency Procedures and Advanced Decompression Theory.
- Have the recommendation of the Branch Diving Officer (BDO) preferably endorsed by the Regional Coach (RC). Candidates recommended by 'Acting' BDO's must have the endorsement of the Regional Coach.

For full details of the course visit the ScotSAC Training pages [www.scotsac.com/training.htm](http://www.scotsac.com/training.htm). To book your place on the date of your choice, complete the course booking and BDO recommendation forms (available from the ScotSAC website) and send to HQ along with 50% deposit.

All candidates must complete an Enhanced Disclosure, forms will be issued upon course attendance.

Andy Murray, Course Director

### Dates

Friday, September 29 to Sunday, October 1, 2006  
National Sports Centre Cumbrae

The course cost is £100 and includes full board accommodation. A residential weekend course, the outline programme will be: Friday evening - arrival, introductions and course briefing; Saturday - lectures, open water practical and lecture preparation; Sunday - lecture presentation and assessment, followed by practical and debriefing.

The Regional Instructor (RI) award is intended to complement the training of ScotSAC members outwith the RI's home branch. As an RI your Regional Coach may ask you to assist with pool, open water or theory work at specific events - you may not always be able to help, but you will be expected to lend a hand on some occasions, when you are available. You will meet new faces and hopefully enjoy the experience of helping others learn to dive, after all somebody did it for you!



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## Regional Instructor Course

### Pre-requisites

- Hold current membership of the Scottish Sub-Aqua Club.
- Hold current medical certificate.
- Be aged 18 or over.
- Have been a member for two years.
- Have an active status as a Branch Instructor for at least one year.
- Have the recommendation from your Branch Diving Officer and Regional Coach.
- Hold the Master Diver award.

Prior to completion of RI award:

- Attendance at an R.I. course and successful completion of the inclusive written paper;
- Successful completion of a practical pool assessment observed by your Regional Coach and a Club Examiner. Successful completion of a lecture assessment observed

by your Regional Coach and a Club Examiner.

- Successful completion of a practical open water session observed by your Regional Coach and a Club Examiner.
- Have completed a successful Enhanced Disclosure check via Scottish Criminal Records Office. Disclosure must be registered to SSAC.

The above assessments shall be conducted in a branch other than your own.

For full details of the course visit the ScotSAC Training pages. To book your place on the course, complete the course booking and recommendation forms, and send to HQ along with 50% deposit. All candidates must complete an Enhanced Disclosure, forms will be issued upon course attendance.

*Kevin Miller  
National Diving Officer*

## Deep Diving Course

### Dates

Saturday/Sunday, September 23/24, 2006. The course will be held in the Glasgow area, the exact venue will be announced shortly. The course cost is £75.

Successful completion of this 2 day course enables candidates to dive to depths appropriate to the equipment they use, with a maximum depth of 50m.

All members must hold the required pre-requisites, shown below, prior to securing their place on the course.

### Pre-requisites

- Hold current membership of the Scottish Sub-Aqua Club.
- Hold current medical certificate.
- Be aged 18 or over.
- Have the recommendation of the Branch Diving Officer - download the recommendation form.

- Hold the Dive leader Endorsement or have completed the Dive Leader part of the Master Diver Award
- Have attended Master Diver lectures: Advanced Decompression and Oxygen toxicity
- Hold the Deep Rescue Endorsement.
- Have 75-100 dives with experience of a wide range of depths and diving in a wide variety of locations. 20 of these must be to a depth of 31m+ (sport divers to be accompanied by master diver instructors on any dive below 30m)

For full details of the course visit the ScotSAC Training pages. In order to book your place on the course, complete the course booking form, and BDO recommendation form and send to HQ along with 50% deposit.

*Andy Parks, Course Director*

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