

SSAC Deep Diving Course

Course Overview

This course teaches the use of Air and Air Decompression Tables for dives down to a maximum depth of 50m. Whilst the use of Nitrox as a gas for the whole dive or a decompression gas is acceptable by suitably qualified Divers the award does not cover accelerated decompression using Nitrox mixes of a high oxygen partial pressures as a decompression gas. This award will enable you to dive to depths appropriate to the equipment you use, to a maximum depth of 50m

The course consists of the following elements:

- 1 Lectures
A series of lectures will cover material issued in the course manual.
- 1 Open Water
You will be expected to plan and undertake an open water dive tomorrow, to the satisfaction of course instructors.
You will be assessed on all aspects of dive planning, safety and dive conduct.
A flash card system will be used to simulate problematic situations during the dive.
Competency in overcoming these problems is part of the course assessment.

Assessments

- 1 Continuous Assessment / Workshops
Workshops form mandatory pass items of this award.
You will be expected to show competence in the use of decompression tables, gas calculations and dive planning.
These are skills you should ALREADY have if you have completed all prerequisites.

Eligibility

Those eligible to enrol on the award are experienced SSAC Sports Divers, Master Divers and First Class Divers who:

- 1 Hold current membership of the Scottish Sub-Aqua Club.
- 2 Hold a current medical certificate.
- 3 Are 18 years of age or older

Pre-Requisites

All divers must satisfy the following prerequisites

- 1 Have the recommendation of the Branch Diving Officer
- 2 Hold the Dive leader Endorsement or have completed the Dive Leader part of the Master Diver Award
- 3 Have attended Master Diver lectures: Advanced Decompression and Oxygen toxicity
- 4 Hold the deep rescue endorsement
- 5 Have 75-100 dives with experience of a wide range of depths and diving in a wide variety of locations. 20 of these must be to a depth of 31m+ (sport divers to be accompanied by master diver instructors on any dive below 30m)

Dates

Visit www.scotsac.com or contact SSAC HQ for details of forthcoming courses

Cost £75